

ATHLETIC MOUTH GUARDS

Avoiding Tooth and Mouth Injuries

A few years ago, a dental journal, called ADA News, published an article that described an unusual case: A child had suffered serious dental injuries after snagging his teeth on a basketball net while doing a slam-dunk.

Unbelievable? Not quite. In the Dental Industry, we see accidents like this every day. **It is estimated that between 13% and 29% of dental injuries occur while playing sports.** The front teeth suffer the most. About 80% of all dental injuries affect one or more of the front teeth. Soft tissue damage from biting the tongue or cheek, for example is also common.



Dental injuries are not always permanent. Even if a tooth has been knocked out completely, it often can be saved if you get to a dentist quickly enough. However, even "minor" mishaps can cause significant, and expensive damage. If your child enjoys sports and you enjoy your child's smile, isn't it worth protecting that smile with a mouth guard?

For example, the use of mouth guards among football players, is believed to prevent about 200,000 oral injuries a year.

Our office is pleased to inform you that we provide professional, custom-made

mouth guards to all athletes in Miami County as well as anyone who is a patient of our office at **no fee**.

If your child is involved in sports, call our office to schedule an appointment for a professional mouth guard impression. Additionally, we will be happy to arrange time with the coach or athletic director for the team to come to our office and have **complimentary** mouth guards made.

Each child will need two appointments. At the first appointment, an impression of their teeth will be taken so that the mouth guard can be custom made. A week later, he/she will need to come back in to be sure that the mouth guard fits properly. They will be given instructions on how to wash and care for their mouth guard properly. They will also be given a personalized case to store their mouth guard when they are not using it.

Since a lot of children who will need mouth guards have not finished losing/getting all of their teeth, it may be necessary to have the guards re-made periodically. We will be more than happy to provide this service to you again at **no charge**.

Why wait!? Call us today to protect your child's teeth for a lifetime of Beautiful Smiles!!!!

Some quotes and statistics provided by the Columbia University College of Dental Medicine.

*Bentley
&
Stevens*



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